

# I AM LIVING AT HOME AND NEED DISABILITY HELP. WHERE DO I GO?

The Australian government is currently in the process of rolling out the National Disability Insurance Scheme (NDIS), designed to provide a better life for hundreds of thousands of Australians with a significant and permanent disability and their families and carers. The NDIS will mean peace of mind for every Australian - for anyone who has, or might acquire, a disability.

The NDIS will provide information, referral and linkage to ensure families and carers are able to access supports in the community to assist them in their role.

To find out more information about the NDIS, disability programs and services in your area or to find out how you can get involved, contact:

---

NDIS on telephone **1800 800 110**

---

If you require a translator and someone who speaks your language contact TIS on 131 450 and ask them to contact NDIS for you

## *What kind of help can I receive? Is NDIS for me or my family?*

The National Disability Insurance Agency understands that everyone's needs, preferences and aspirations are different. We provide information and referrals, support to access community services and activities, personal plans and supports over a lifetime. The NDIS provide;

- Personalized plans
- Information and referral
- Support to access community services and support
- Individual plans
- Early intervention
- Where applicable, packages to suit your individual needs.

If you are a person with disability and you meet the access requirements you can become a participant in the scheme. Contact NDIS to find out if this scheme is for you

**NDIS ACCESS CHECKLIST** – is available via <http://www.ndis.gov.au/ndis-access-checklist>

Log on to the checklist which will assist you to determine if the NDIS is for you.

(Information for this webpage has been extracted from the Commonwealths NDIS website [www.ndis.org.au](http://www.ndis.org.au))

## *Who else can assist me to understand the changes in disability services?*

### **Multicultural Disability Advocacy Association of NSW (MDAA)**

The Multicultural Disability Advocacy Association of NSW (MDAA) is the peak body for all people in NSW with disability and their families and carers, with a particular focus on those from a culturally and linguistically diverse / non English Speaking background with disability.

The aim of MDAA is to promote, protect and secure the rights and interests of people from NESB with disability, their families and carers in NSW.

#### **What do MDAA do?**

MDAA provide a range of advocacy services and projects for ALL people in NSW, who have a disability and their families and carers, with a particular focus on those from culturally and linguistically diverse(CALD) / non-English Speaking background(NESB) with disability, and service providers in NSW.

Advocacy Development - offers community information days, training and information sessions for people from CALD/NESB with disability and their families and carers.

Community Voices - uses the skills and expertise of people from a CALD/NESB with disability and family members trained to educate and raise awareness about the diversity of the community.

Individual Advocacy - assists people to stand up for their rights, for example, when people have problems with housing, immigration, school, work and disability services.

Industry Development - assists disability services across NSW to become more culturally competent and assists ethnic community services to understand and respond better to people with disability.

Systemic Advocacy - works towards positive change in policies, procedures, practices and service delivery in government and non-government agencies.

Support Planning - supports people to attain the life they want through their own individual planning as a strategy to get ready for the NDIS

Small Stone - creating opportunities for real inclusion and active participation of young people with disability in the community

**For more information, contact the MDAA Head Office**

**Hours** Mon-Fri, 9am – 5pm

**Tel** 9891 6400

**Email** mdaa@mdaa.org.au

**Website** www.mdaa.org.au

**Address** 40 Albion Street Harris Park, NSW

For more information in various languages visit the MDAA website

[www.mdaa.org.au](http://www.mdaa.org.au)